

Bethlehem Herald

Monthly Newsletter of the
Bethlehem Moravian Church



To Educate & Outreach

Volume II, No. 17, May 2020

INTERACTIVE

Welcome to our interactive newsletter.

- Hyperlinks will guide you to the internet or an e-mail compose window.
- Navigation tools at the bottom of each page will direct you through the newsletter.

'Quality Time'

Matthew 6:6 "But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly."

Have you met the Saviour, Jesus Christ, our Lord? Do you really know Him?

Why not spend time at His feet in the early hours of the morning, or have a little talk with Him as you sit in the vehicle on your way to work or to do your shopping and banking, or before you start home-school? Are you planning some new venture in life? Are you uncertain of your next move? Why not have a discussion with Him first?

Could it be that you are facing the challenges of a hard day's toil, or are you making the adjustment in this COVID-19 season of working from home or "home-schooling", and it is now time to rest your weary



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"Our Lamb has conquered; Let us follow Him"

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head. Always make sure that you have a "thank you" conversation with Him!

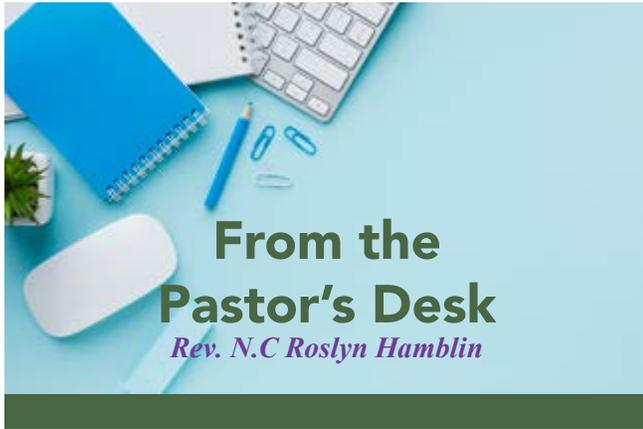
In [Matthew 6:6](#), Jesus invites us to spend quality time with Him in this manner – "When thou prayest enter in thy closet, and when thou hast shut thy door, pray to thy Father which is in secret and thy Father which is in secret shall reward thee openly." This room is the inner chamber of our being where the Holy Spirit dwells. Jesus loves to meet us there. Male, female, boy or girl – His invitation for "quality time" is extended to all.

When He was on earth Jesus often withdrew Himself from the crowds to the lonely places where He spent "Quality Time" with His Father. [Mark 1:35](#), [Mark 6:46](#) and [Luke 22:41](#). Let us follow the example of our Lord, especially in these challenging times of the COVID-19 pandemic. Let us remember our HOPE at this time.

Prayer:

Creator God, You know our thoughts. You know our ways, and so often we disappoint You with our behaviour. Teach us to become so humble as to pray for forgiveness, guidance, and protection. As we make our petitions to You in that closed room of our hearts, we pray that You will reveal Yourself to us with Your quiet presence, and fulfil your promise to us in that lively hope, in Jesus' name we pray. Amen.

Submitted by Sis. Cynthia Pollard



We are a Family

During the month of May we celebrate Mother's Day, giving God thanks for mothers and committing them, together with their responsibilities, to God's care and guidance. We do a similar thing for fathers five weeks later when we celebrate Father's Day (3rd Sunday of June). We also focus on children during the month of May. Within our societies, ultimately, the family becomes the highlight of this period.

Such a focus is paramount, as the family is the first institution of socialisation. What we learn within the family determines what our world will be, and what happens within the family definitively impacts the world. It is therefore important to ensure that this fundamental unit is well shaped. Hence it is necessary to constantly bring all its members before God, and to expose its various components to principles and guidelines which will enhance its function.

But this focus on the family also gives us the wonderful opportunity to consider ourselves as the family of God and children of the heavenly father. We similarly share a treasured relationship with God and have the unique responsibility of contributing positively to the well-being of all others within the unit. We cannot be a member of any family and give scant regard to the other members. We cannot be a member of any family and deliberately ignore the responsibility we have to care for the other members. Within the family, all must pay attention to the principles and standards of the unit, otherwise they run the risk of failing that family.

As we focus on the family during this time, let us be reminded that as human families and as the family of God we need to see our responsibility to co-operate. The COVID-19 pandemic has brought sharply into focus that as a society we are a family as well, with the need to care about each other and support each other. Certainly, it reminds us that, firstly, **we are indeed brothers and sisters; and secondly, we are our "brother's keeper"**.

I therefore encourage you, as members of the biological family, as members of the family of God, and as members of the communal/public family, to uphold these five (5) principles:

- (1) live in community,
- (2) maintain family standards,
- (3) share each other's burden,
- (4) promote each other's well-being, and
- (5) collectively turn to God for guidance.

May God bless the family!



Worship Opportunities: ONLINE, On-Air & Outreach

The Government of Barbados has relaxed some of its restrictions under its Management and Response Plan for Barbados, however the country remains under curfew from 8:00 pm to 5:00 am. Church remains online as we continue to monitor and take necessary precautions to stop the spread of the coronavirus, COVID-19.

While the Church buildings have remained closed until further advised, the Church continues to minister ONLINE, On-Air and through Outreach as we, the membership – the body of Christ – continue to play our part in reaching souls for Christ, in feeding body, mind and spirit, and bringing joy, peace, and healing to lives.

Each Sunday, until this COVID-19 disruption is over, members and the public are invited to worship with the Moravian Church. Visit us *via* livestreams from our Facebook pages or *via* YouTube (*via* the following links):

ONLINE

Bethlehem & Faith Pastorate Services:

- https://www.youtube.com/channel/UC9N942rVoY3BhyzXOKr2A?view_as=subscriber
- Sundays: Divine Worship – 10:00 am
 - 3rd Sunday - Moravian Music Sunday (17th)
 - 4th Sunday - Family Sunday (24th)
- Wednesdays: Mid-Week Service – 12:30 pm
- Thursdays: Bible Study – 7:30 pm (*via* Jitsi)

Bethlehem Moravian Church – livestream on Facebook at 10:00 am, or delayed on YouTube.

- <https://www.facebook.com/BethlehemMoravianChurch/>

Faith Moravian Church, Barbados – livestream on Facebook at 10:00 am or delayed on YouTube

- <https://facebook.com/FaithMoravian18>

Calvary Moravian Church – livestream on YouTube or on Facebook at 9:30 am.

- https://www.youtube.com/channel/UCRkUtJkdfK-HnmTlIK_RYNg
- www.facebook.com/CalvaryMoravianChurch/live_videos/

Daily Devotionals and youth/educational materials will be uploaded for your benefit, as well as emailed to parents.

Sunday School worksheets have also been prepared for the children by our Christian Educator. These are available *via* our Facebook pages, and for download *via* www.sharonmoravian.info

This month as we celebrate **Child Month**, our children and young people will lead morning Devotion with the Moravian Daily Text Readings online.

“Courage in Crisis” Webinar (*via* Zoom) every Tuesday and Thursday at 6:00 pm. These conversations are to help us deal with the stresses and disruptions occasioned by the COVID-19 pandemic. Topics: COVID-19 & Me; Fear, Loss & Anxiety; Managing Relationships; Managing pre-existing mental illnesses; COVID-19 & the Elderly; COVID-19 & Children’s Fears. This can be viewed *via* our Facebook pages.

All these links are also available *via* the **Sharon Moravian Church** website:

- www.sharonmoravian.info/worship-online

ON-AIR

You are also invited to tune in to our **Radio Broadcast – Moravian Voice** on **LIFE 97.5 FM** every Wednesday at 8:00 pm.

OUTREACH & IN-REACH

Pastoral Care: Our Ministers also continue to extend **pastoral care** as they are available for counselling and prayer *via phone and other electronic means*.

Benovelence Ministry - Gift Hampers: As part of our outreach efforts to assist persons impacted by the closure of businesses and other financial challenges, Bethlehem has distributed to congregation and community:

- 6 packages from Bethlehem's ongoing Pantry Drive
- 5 hampers (medium) from the Rotary Club of Barbados (Rotary Club)
- 6 hampers (small) from the Rotary Club

The Government of Barbados has launched the "Adopt A Family" programme which seeks to assist the most vulnerable families in Barbados with BBD\$600 a month stipends. The Government is providing for the first 1,500 families and has asked members of the public to help with as many more as is possible.

Remember in prayer our Moravian sisters and brothers in the Democratic Republic of Congo, and the entire country of the Congo, as they face additional disaster by flood. The Mulongwe river overflowed its banks in the eastern city of Uvira, in mid-April, plunging the city into emergency mode as more than six thousand families were left homeless, with more than 50 persons dead. Twenty Moravian families were among the displaced; thankfully, none died. Eastern Congo is a Moravian Mission Area established in 2014.

Birthdays – May

- 01 – Sis. Tanya Holder
- 02 – Sis. Carol-Ann Edwards
- 09 – Bro. Reginald Williams
- 13 – Bro. DaCosta Grandison
- 13 – Coeisha Best (Unity Expressions)
- 14 – Bro. Cameron Edwards
- 16 – Bro. Daniel King
- 25 – Sis. Anthea Barrow
- 26 – Bro. Thomas King
- 27 – Sis. Karen Grandison



Anniversary – May:

- 26 – Bro. David & Sis. Cherryann Ince

Remember to call and pray for:

NAMES	CONTACT NUMBERS
Sis. Boothe Chase	246-428-6068
Sis. Mavis Chase	246-428-6258
Sis. Cynthia Walcott	246-428-9768
Sis. Odessa Haynes	246-426-8663
Sis. Gloria Layne	246-428-7545
Sis. Muriel La Forte	246-428-7536

- Persons grappling with the loss of a loved one.
- Our Leaders, Doctors, Pharmacists, Nurses, Auxiliary staff and Emergency Service personnel
- All persons feeling overwhelmed, uncertain, even frustrated as they try to grapple with the fall-out circumstances from COVID-19



We express condolence to **the Forde family on the passing of Sis. Emily Forde** dedicated member of our congregation. The Service of Thanksgiving for the life of Sis. Emily Forde will take place at the Bethlehem Moravian Church on Saturday, May 9, 2020 at 9:30 am, and proceed to Coral Ridge Memorial Gardens in Christ Church for the interment. Funeral Services are entrusted to E. Pamela Small Funeral Home, the Lawns, Vauxhall, Christ Church. Viewing will take place on Friday, May 8, 2020 from 3:00 pm to 4:00 pm. May she Rest In Peace. On the Saturday, the Service of Thanksgiving will be streamed live *via* Bethlehem's Facebook page. Please remember in prayer the family members, relatives and friends as they grapple with this loss.

Memo from the Superintendent of the Barbados Conference, Rev. Ezra Parris to Ministerial Staff, Chairpersons of the Board of Stewards and Congregational Treasurers

SUREPAY FACILITY FOR TITHES & OFFERINGS

This is to inform you that a facility to receive Tithes and Offerings via SurePay's electronic bill presentment and payment system has been set up.

The Moravian Church Barbados Conference is now a "biller" on SurePay. That means that anyone can make payments to the Moravian Church at SurePay's kiosks or online. Payments can be directed to the Conference or to any congregation. Further, persons can give anonymously or to an account with their names.

To give anonymously the account numbers are as follows:

- 1765-0000-0000 Moravian Church Barbados Conference
- 1765-1768-0000 Sharon Moravian Church
- 1765-1825-0000 Mount Tabor Moravian Church
- 1765-1834-0000 Calvary Moravian Church
- 1765-1841-0000 Clifton Hill Moravian Church
- 1765-1860-0000 Dunscombe Moravian Church
- 1765-1866-0000 Centenary Moravian Church
- 1765-1882-0000 Gracehill Moravian Church
- 1765-1894-0000 Fulnec Moravian Church
- 1765-1914-0000 Penuel Moravian Church
- **1765-1964-0000 Bethlehem Moravian Church**
- **1765-2018-0000 Faith Moravian Church**

You will notice that the account number is made up of: (Year of missionaries' arrival in Barbados)-(Congregation's year)-(Four digits).

For those who need their donations recorded for tax purposes, they should give to their particular account number which is made up of: (Year of missionaries' arrival in Barbados)-(Congregation's year)-(Their envelope number expressed in 4-digits). So for example, my number is 1765-1768-0662. Those who desire their donations to be recorded and do not have a box of offering envelopes will be provided a number under their congregation. Just ask.

Accounts were created for those whose names and or envelope numbers were provided by congregations. Those accounts are now active on SurePay. They can go to a kiosk or online and pull up their accounts.

SurePay will make deposits to one of the Conference's Bank Accounts. Payments will then be transferred electronically to the congregations' accounts on the first and the fifteenth of each month. Reports from SurePay will be forwarded to the congregations for transparency.

This [SurePay Online](#) facility has been made available to congregations as an additional means by which they can receive contributions during this time of restriction during the COVID-19 Pandemic.

Have A Blessed Mothers' Day

Provincial Elders' Conference Prayer Call – March 1, April 1, May 1, June 1

REMINDER

All persons are asked to spend some time during the day in reflection and prayer. See Prayer Guide using Scripture:

1. ACKNOWLEDGMENT OF GOD AND HIS GREATNESS

2. CONFESSION OF SIN

3. THANKING GOD FOR HIS FAITHFULNESS in the different parts of your life including the work of the Church

4. MAKING REQUESTS

5. GRANTING FAVOUR/ KNOWING THAT GOD WILL ANSWER PRAYER

6. OTHER PRAYER POINTS



Online School Experience Shared



Janiyah Yarde

[▶ Click here to enable audio](#)

Extract from the Interview with five-year old Janiyah Yarde.

Q1: Do you understand why you are at home at this time - a time when you should be at school?

A1: *It is because the coronavirus is spreading all over the world.*

Q2: How is COVID-19 affecting you?

A2: *It is affecting me because we have to stay indoors and do not kiss anybody, and do not hug anyone - only the ones that live with you not the ones that do not live with you.*

Q3: Are you now doing classes on a computer?

A3: *Yes, I am doing virtual classes on my computer because my teacher actually sends work for us to do while this pandemic is going on around the world.*

Q4: So how are you enjoying your classes, and interacting with your friends and the teacher otherwise?

A4: *They are doing good. I wish them to stay at home and call us or do the school on our laptops before they come and ask us questions. I am enjoying classes.*

Q5: Could you tell me some of the things that you are doing?

A5: *We did some puzzles with the teacher, some adding and subtracting, and writing and reading. We also did some physical exercise, and that was awesome!*

Submitted by grandmother, Sis. Diana Yarde



Continuous Learning and Returning Home to Barbados in COVID-19 Season

Q1: Share a bit about your travel to the UK?

A1: *I was there for an exam and it turned out I was in the last group to be allowed to take the exam before the shut-down started. It was a mixture of feelings for me. On one hand I was relieved that I was able to sit the exam and my time and money travelling to the UK was not wasted when I could have been home. However, I still feel badly for those whose exams were cancelled.*

Q2: What was it like when you returned home to Barbados - to see family and friends?

A2: *Firstly, on the morning coming home I actually missed my bus to the airport. However, because of the coronavirus crisis, all of the other buses were not booked and there was no heavy traffic on the roads so I still arrived at the airport with plenty of time to spare. There was even barely anyone on the plane so everyone got a free mini-bottle of red wine.*

When I reached Barbados I was required to self-quarantine for 14 days because I was travelling from a place where the COVID-19 virus was impacting. To be fair as I was actually quarantined in the house next door I could still feel the love from over the fence so it was not such a big adjustment. I was very happy to see my family even if only from a distance after being away for more than a year, and also to receive a bowl of home-cooked food passed over the fence.

Q3: How did you pass the time during those 14 days in self-quarantine?

A3: *Well, music has always been my passion. Being a medical doctor, though I do have time to practise regularly in order to maintain my ear and playing technique. I really do not get the time to materialise some of the musical ideas I have. So in a way, I am grateful for this little quarantine period because now I get a chance to have that uninhibited period to rehearse before I have to head back out to the frontline of work. During the time I was home I was happy to prepare*



Dr. Kofi Chase

an instrumental piece for Bethlehem's Easter Sunday morning worship online.

I have also had the opportunity to join in some online musical collaborations. It is really a great way to keep in contact with my musical colleagues and exchange ideas. Now that the world has slowed, musicians have been able to get some time away from constantly preparing for performances. Now musicians can really take a moment, sit back, and hone their skills, and share the results at a time and pace that is convenient for them.

Q4: How is all this impacting work now that the borders are closed and you cannot return to Jamaica?

A4: Yes, unfortunately Jamaica has extended its lockdown period until May 31 so I will not be able to head back there for a while. I am seeking to be registered in Barbados so that I could be of service in Barbados until things settle down otherwise. It is taking a little time to get the requisite documentation from Jamaica, and neither do I have any work gear here, but for clothes – I do have family here my size.

Submitted by Sis. Verve Alleyne

Sister Leacock celebrates 80 Years



Sis. Cynthia Leacock

Pictured here is Mum as she celebrated "four score" on Wednesday, April 29, 2020. Although a small celebration with only the household gathering and those who joined *via* phone, Mum celebrated well and had a wonderful day. Her day was spent in part relaxing and playing the

role of 'Receptionist for a Day' as she received calls from her Church family, friends and other loved ones at home and abroad. There was singing, laughter and cheers for this matriarch who has given many years to her family, her community, and her Church – Bethlehem Moravian. As she shares now her photo from her "Happy Birthday" celebration, she gives thanks to Almighty God – "To God be the glory! Great things He hath done!"

Submitted by daughter, Michelle Leacock

Gracehill Preschool Term II Tour

Earlier this year the Gracehill Moravian Preschool toured the District A Police Station in Station Hill, St. Michael as part of the Hilary Term (Term 2) activities. It was a great educational opportunity for the children around the theme "The People Who Help Us". It was also an occasion to support the community outreach efforts of the Royal Barbados Police Force. We visited the Prince Cave Hall where some members of the Police Band entertained us by playing children's



The Gracehill Preschool and members of the Royal Barbados Police Force

hymns and nursery rhymes. Then we went on to see the Police Dogs and met three of their handlers.

From there we met one of the officers from the Traffic Division. The children particularly enjoyed this as they were able to sit on the police motorcycle, and some of them turned on the siren. The Mounted Police was next and we visited the horses' paddock and saw how they shoe the horses. We were even able to take away a horseshoe as a memento.

After leaving the District A Police Station, we journeyed to King George V Memorial Park in St. Philip for fellowship and a fun-filled picnic. There was a bit of singing and sight-seeing on the drive. It was a refreshing experience for the children and staff alike.

Submitted by Sis. Lena Edwards

Fire Prevention Presentation

On Thursday, March 12, 2020 the Women Fellowship of the Fulnec Moravian Church hosted a Lecture on "Fire Prevention" by the Barbados Fire Service.

Some key points shared during the Presentation and arising from the active discussion after included:

- It is important to note that most fires are preventable.
- Fires can be devastating, resulting in the loss of lives, property, and irreplaceable mementos.
- For a fire to start it needs a source – a source of ignition, a source of fuel and oxygen.
 - eg: If a smoker falls asleep with a cigarette still lit and sets fire to the couch, the cigarette is the source of ignition, the material on the couch is the source of fuel, and the air around is the source of oxygen. These sources need to be kept apart as much as possible, and successfully removing any one of these sources can put the fire out.
- Some common causes of fires are:
 - Cooking left unattended
 - Frayed wiring
 - Overloaded sockets
 - Faulty appliances
 - Flammable materials too close to heat-generating surfaces.

...to be continued in next issue

Submitted by Sis. Gena White



Family Corner

The Health Corner

In this section we aim to address some of your health concerns, and provide you with advice that will help you to maintain good health and wellbeing.

COVID-19

COVID-19 is an acute respiratory illness caused by a novel human coronavirus called SARS-CoV-2. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Others, however, may become seriously ill. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The COVID-19 virus spreads primarily through contact and droplets of saliva or discharge from the nose when an infected person coughs or sneezes. The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. While there is still much to learn about the novel coronavirus that causes COVID-19, currently the general guidelines to prevent the spread of COVID-19 focuses on protecting yourself and others from infection by washing your hands or using an alcohol-based rub frequently, keeping at least a one-meter distance from others, and not touching your

face. It is important that you also practise respiratory etiquette, for example, by coughing into a flexed elbow

1. What is the latest on treatment used in some countries?

No pharmaceutical products have yet been shown to be safe and effective for the treatment of COVID-19. However, a number of medicines have been suggested as potential investigational therapies, many of which are now being or will soon be studied in clinical trials.

2. How long does it usually take to develop a vaccine?

Usually several years. Even with an expedited process, development of a vaccine for COVID-19 will take time. Experts have been working all over the world to accelerate research and development of a safe and effective vaccine and ensure equitable access for the billions of people who will need it. The first vaccine trial has begun just 60 days after the genetic sequence of the virus was shared by China. This is an incredible achievement.

3. Most countries are now requiring all their citizens to wear masks in public, including cloth masks. Is this useful?

Whilst it helps, masks alone cannot stop the pandemic. There are proven things all of us can do to protect ourselves and others – keep your distance, clean your hands, cough or sneeze into your elbow, and avoid touching your face.

Submitted by Sis. Darlene Omeir Taylor

COVID-19 S.O.S.:

- * **S** – Slow & Stop the Spread
- * **O** – Obey the Regulations & Guidelines
- * **S** – Save Many Lives

Update: COVID-19

The Centre for Disease Control (CDC) recently added three emergency warning signs and six health issues to its official list of COVID-19 symptoms. They include **chills, repeated shaking with chills, muscle pain, headaches, sore throat, and loss of taste or smell**. These symptoms usually appear two days to two weeks after exposure to the virus, according to the agency. Some patients have reported additional symptoms as well, like **fatigue and swollen toes that appear frostbitten**. The symptoms associated with COVID-19 and how they compare with symptoms of the common cold, the flu, and allergies are displayed in the table (at right).

COVID-19 Help Desk: (246) 536-4500

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Loss of smell and taste	Sometimes	Common	Common	Common
Shortness of breath	Sometimes	X	X	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches, muscle pains	Sometimes	Mild	Common	X
Sore Throat	Sometimes	Common	Sometimes	X
Fatigue	Sometimes	Sometimes	Common	Sometimes
Chills, repeated shaking	Sometimes	Rare	Common	X
Diarrhea, vomiting	Rare	X	Sometimes*	X
Swollen toes	Rare	X	X	X
Runny nose	Rare	Common	Sometimes	Common
Sneezing	X	Common	Sometimes	Common

*Sometimes for children
Sources: CDC, WHO, American College of Allergy Asthma and Immunology

Teen/Youth/Young Adults Corner

Tips for First-time Online Learners

Since you will be working long hours online, watch this video for great guidance on setting up your work space.

 [Click here to enable video](#)

1. Learn How to Use Your Equipment

- Make sure everything is working, and up-to-date.
- Familiarise yourself with any chat boards, programmes, or video-conferencing software required for your courses.

2. Be Your Own Boss

- Put time aside every day to study. Complete all readings and assignments prior to class.
- Attend all live lectures, group meetings, or text-based chats.
- Take note of important dates from the syllabus, and build in extra time to complete.

3. Learn to ‘Talk Good’

- Your ability to both communicate and receive information *via* written medium, is key to success.
- Compose e-messages to your teacher as if you are speaking to a future employer.

4. Develop a Routine

- Wake up the same time every day, engage in your usual routine.
- Prepare materials you need for class ahead of time.
- Treat online school the way you would treat a traditional education.

5. Get to Know Your Online Teacher(s)

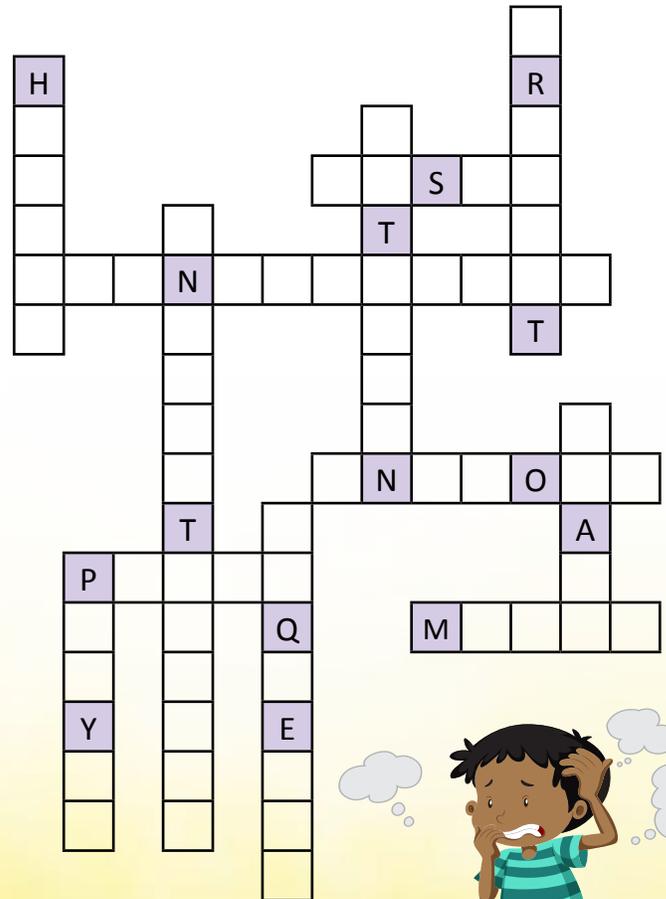
- Take advantage of the access you have to your teacher, but correspond through the proper channels.
- Your teacher will provide comments about your work - once you receive your feedback, use it!
- Do not be afraid to ask questions, or seek clarifications - foster a valuable relationship.

Adapted: <https://thebestschools.org/magazine/online-college-orientation/>

Fill Them In

DON'T BE ANXIOUS!

Look up [Philippians 4:6-7](#) in your Bible. Fill in the boxes of the Cross Word Puzzle with what you need to do and what you will receive.



Source: More Bible Activities

E-EDITORIAL COMMITTEE

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“Advance the Kingdom : S.H.I.F.T”

“Seek and Submit, Hear and Heed, Imagine and Insight, Focus and Function, Totally Transformed”